

This December, we are looking forward to one of the Best Events of the whole year!

The 12 Days of NA-

Dec 21st through January 1st.

The holidays can be a tough time of year for a lot of us. The 12 Days of NA are 12 nights of holiday celebrations held in the homes of addicts for addicts. Each of these 12 Days bring us together as we celebrate the holidays with the family we get to choose. All are welcome and we hope to see you there! Let's celebrate the holidays while living clean!

There are 3 Days still available if you are interested in filling one of the dates, hurry and please contact
Jody- Activities (949) 294-233

There is more information and details on our website under the 12 Days of NA

www.southcoastareana.com

Get Involved with Hospitals & Institutions! Carry your message to addicts that really need to hear your Experience, Strength & Hope. We meet the last Sunday of the month on Zoom at 5pm.

Zoom ID: 865 550 0289

Password: 050749

****Due to the Holidays, our meeting will be on December 17th ****

If anyone is interested in becoming a Member, Speaker or a Panel Leader, Call Bev- (949) 697-1253

Ways to Carry the Message and Get Involved in Your Recovery

- Go to meetings regularly so other addicts can get to know you.
- Share in your meetings and Fellowship before and after
- Make friends and text or call each other
- Work the steps with a sponsor, become an example of how NA works
- Take commitments at your meetings- You can be a greeter even with just one day Clean. There are many ways you can help other addicts even as a newcomer.
- Become a Sponsor- take another addict through the steps because we can only keep what we have by giving it away
- Get involved with Hospitals & Institutions- attend the monthly Zoom meeting of H&I, speak on a panel or become a panel leader and carry the message of hope into hospitals & institutions
- Serve at the Area Level- We are looking for a Youth Liaison and an LGBTQ Liaison- see descriptions below
- Serve at the Regional Level- also looking for a Youth Liaison-
- Sponsorship Beyond the Walls- sponsor someone in a Jail or Prison
- Get involved in NA Activities- the 12 Days of NA is happening Dec 21-January 1
- Submit an NA-Related Story, Poem, Cartoon, Drawing, Experience to one of our Monthly Clean Sheets
- Live Clean Just For Today and show that the Narcotics Anonymous Program works!

No matter who you are or where you are. There's a meeting not very far. Stick with the winners this festive season.



HELP WANTED

Our Local South Coast Area Narcotics Anonymous is looking for 2 Liaisons.

LGBTQ Committee Liaison

Requirements- 9 Months Clean Time, Previous service experience, Must attend Monthly meetings. Coordinate with other LGBTQ Liaisons on events, participate in H&I Learning Day, update the LGBTQ Committee about LGBTQ friendly panels, inviting members to share on the panels and Distribute Phone and meetings list.

Youth Committee Liaison

Requirements—1 Year Clean Time, Previous service experience, must attend youth committee meetings. Submit reports to Area and, and when needed, serve as the Youth Committee Liaison to other sub-committees and coordinate any related youth projects.

Please contact Dawn at (949) 293-7425

Southern California Region NA is also looking for a Youth Committee Liaison

Requirements—1 Year Clean Time, Previous service experience, must attend youth committee meetings. Submit reports to Area and, and when needed, serve as the Youth Committee Liaison to other sub-committees and coordinate any related youth projects.

Please contact Tyler at (559) 448-6868